

Croft Country Park  
**01834 860315**



Meadow House Holiday Park  
**01834 812438**

It's the refresh menu! All treatments listed are available at both venues. We use gorgeous Neal's Yard organic products in all our treatments

We're so happy to be open, and welcome you back to our treatment rooms on Park. Currently we are unable to carry out any treatments on or around the

face, but there are lots of others available to help you relax and enjoy your Celtic Wellbeing experience. As part of the Welsh Government's Track and Trace system, you will be required to answer an online "Client Covid Questionnaire" 24 hours before your treatment.

### WELCOME TO CELTIC

Our gift to you. Book any 30-minute massage within 48 hours of arrival for just **£22.00**. Normally £30.00

#### SWEDISH MASSAGES

Release muscular tension, aches and pains with a deeply relaxing massage treatment, using organic ginger and juniper warming oil and essential oils bespoke to your treatment.

Full Body Massage (1 hour)	<b>£55</b>
Back, Neck and Shoulder and Back of Legs massage (45 mins)	<b>£45</b>
Back, Neck and Shoulder Massage (30 mins)	<b>£30</b>

#### HOT STONE MASSAGE

This treatment has the additional benefit of volcanic basalt stones, which glide smoothly over your body and travel deep into your muscles.

Full Body Massage (1 hour)	<b>£60</b>
Back, Neck and Shoulder and Back of Legs massage (45 mins)	<b>£50</b>
Back, Neck and Shoulder Massage (30 mins)	<b>£35</b>

#### BAMBOO MASSAGE

The warm bamboo sticks are a fantastic way to produce a much deeper penetrating massage getting into any tight and tense muscles, a great alternative to a sports massage.

Full Body Massage (1 hour)	<b>£60</b>
Back, Neck and Shoulder and Back of Legs Massage (45 mins)	<b>£50</b>
Back, Neck and Shoulder Massage (30 mins)	<b>£35</b>

#### MANICURES AND PEDICURES

CND VINYLUX™

Our Beauty Therapy team love keeping your hands and feet in tip top condition, using top quality brands

File and Polish	<b>£28</b>
Full Manicure or Pedicure	<b>£30</b>
Deluxe Manicure or Pedicure	<b>£35</b>

A deeply nourishing treatment. Full luxurious pamper including a soak (pedicure) and cleanse, exfoliation of the skin to refresh and remove dead skin cells, hard skin removal (pedicure) with hydrating hand/foot mask, moisturise and massage. Nail work includes a normal manicure/pedicure with file, cuticle work, buff and choice of nail enamel colour finished with an application of cuticle oil.

Add Shellac for an additional **£10**

#### SHELLAC MANICURE OR PEDICURE

CND Shellac™

Using this revolutionary hybrid nail polish, bringing the best of gel and polish together, to give strong, durable, high-shine, fuss free and totally fabulous nails! Removal is included in the price.

**£22**

#### SOMETHING FOR YOUR LITTLE ONES! MANICURE OR PEDICURE

Pampering is fun for all ages! Includes a tidy up and file of the nails with application of nail enamel colour.

**£8**

#### WAXING

Full Leg **£23** including Bikini **£30** / Half Leg **£18**  
Underarms **£8** / Bikini **£12**