



# BAROD AMDANI WE'RE GOOD TO GO



# SAFER STAYS

## Welcome to Pembrokeshire!

We know that you're going to enjoy your stay in our beautiful county; if you haven't visited before you're in for a huge treat. If you're regular visitors, then now's the time to *explore the unexplored*. Find new adventures and places to relax and take in huge gulps of gorgeous fresh air.

To help you choose how to spend your time, where to do your shopping and where to eat, Celtic Holiday Parks have put together the following information which offers a handy guide to what's on offer. These services are ever-changing as businesses open up for the summer season following the coronavirus lockdown. We have compiled the list to the best of our knowledge at the time of going to print.

Many of the businesses have **Facebook** pages where you can find the latest up-to-date information.

We hope the following will be useful and give you some helpful suggestions!

Enjoy our spectacular area, but most of all, stay safe during your visit.

### How to spend some of your time!

If you are staying at **Noble Court**, the park is set in 50 acres of rolling countryside and has its very own beautiful nature reserve which features a lake attracting a whole host of wildlife and is great for walking your dog around, while **Meadow House** has its own access to the coast path leading to the beach at Wiseman's Bridge or Amroth whilst **Croft Country Park** is ideally situated, being central to many award winning attractions.

Walks on Pembrokeshire's award-winning Blue Flag beaches and along the breathtaking Pembrokeshire Coast Path are always popular with guests. Check out [www.walkingpembrokeshire.co.uk](http://www.walkingpembrokeshire.co.uk) for suggested walking routes for exploring, including Templeton Airfield Interior Circular Walk, Stepside Ironworks Circular, Blackpool Mill, Canaston Woods and the Miners Walk from Kilgetty.

In addition, the Pembrokeshire Coast Path National Park Authority has its own suggested walks along the length of the 186-mile coastline. It's provided easier access routes, which are mainly associated with the Coast Path. They are classified into one of four levels of difficulty: wheelchair paths; adventure chair paths; easy access paths and gentle walks or strolls. For further information, visit [www.pembrokeshirecoast.org.uk](http://www.pembrokeshirecoast.org.uk)

The website is also kept up-to-date with the latest news on Pembrokeshire Coast National Park Authority attractions and coast paths. In addition, <https://www.pembrokeshirecoast.wales/coronavirus/> is also very informative during this time advising of any existing areas which are still closed to access. Walkers are required to keep two-metre distancing and advised to use hand sanitiser after using gates etc.

[www.saundersfootconnect.co.uk](http://www.saundersfootconnect.co.uk) has been set-up to support Saundersfoot in the coronavirus lockdown and features information on the latest news, what's open, what's on, as well as help and information.

As well as walks, Pembrokeshire offers great family-friendly cycling opportunities too. Traffic-free cycle routes (see [visitpembrokeshire.com](http://visitpembrokeshire.com) and Cycle Pembrokeshire on [www.pembrokeshire.gov.uk](http://www.pembrokeshire.gov.uk) for more information and routes) will take you along some great trails.

Near our three parks is The Tramway, Saundersfoot. It's a four-mile return ride along the disused railway line has been given a new lease of life between Saundersfoot, Wiseman's Bridge and Stepside, taking in stunning views of the sea.

There's also the **Brunel Trail**, Neyland – Johnston – Haverfordwest for a longer ride. On this one, enjoy miles of tranquil countryside with great views and a lovely mix of open fields, woodland and estuary. It's 18 miles return.

High quality adult and child mountain bikes, are available to hire for the day or if you are visiting the area for the duration of your stay from Mike's Bikes in Haverfordwest. Call 01437 760068 or email [info@mikes-bikes.co.uk](mailto:info@mikes-bikes.co.uk) to book. Cycles can be delivered direct to your accommodation.

Please note, it is now mandatory to wear three-layer face masks on all public transport in Wales – buses, trains and taxis.

*Not too far from all three parks are the following attractions (please note for a lot of attractions, you must pre-book your tickets before arrival. It is essential that you check individual websites prior to leaving:*

- \* **Folly Farm Adventure Park and Zoo**, SA68 0XA – [www.folly-farm.co.uk](http://www.folly-farm.co.uk) (pre-book tickets)
- \* **Oakwood Theme Park**, SA67 8DE – [www.oakwoodthemepark.co.uk](http://www.oakwoodthemepark.co.uk) (open from July 20, pre-book tickets)
- \* **Heatherton World of Activities**, St. Florence, SA70 8RJ – [www.heatherton.co.uk](http://www.heatherton.co.uk)
- \* **The Dinosaur Park**, Tenby – [www.thedinosaurpark.co.uk](http://www.thedinosaurpark.co.uk) (for pre-book tickets)
- \* **Colby Woodland Gardens**, Amroth, SA67 8PP – [www.nationaltrust.org.uk/colby-woodland-garden](http://www.nationaltrust.org.uk/colby-woodland-garden), tel. 01239 615007 (3/4 mile walk from Amroth via public footpath beside Amroth Arms)
- \* **Ritec Valley Quad Bikes**, Tenby, SA70 8NF – [www.ritec-valley.co.uk](http://www.ritec-valley.co.uk) or tel. 07909948281 (bookings only)
- \* **Paddle West** canoe tours – [www.paddlewest.co.uk](http://www.paddlewest.co.uk) or tel. 07342741268
- \* **Clerkenhill Adventure Farm and Frisbee Golf**, SA62 4PE– tel. 01437 751227 (bookings only)
- \* **Tenby Golf Club** – [www.tenbygolf.co.uk](http://www.tenbygolf.co.uk) tel. 01834 842978
- \* **Trefloyne Golf Club**, SA70 7RG – [www.trefloyne.com](http://www.trefloyne.com) tel. 01834 842165 (pre-book only)
- \* **Manor House Wildlife Park**, SA70 8RJ – [www.manorwildlifepark.co.uk](http://www.manorwildlifepark.co.uk) tel. 01646 651201 (pre-book tickets)
- \* **Manorbier Castle**, SA70 7SY – [www.manorbiercastle.co.uk](http://www.manorbiercastle.co.uk) tel. 01834 870081
- \* **Picton Castle and Gardens** – [www.pictoncastle.co.uk](http://www.pictoncastle.co.uk) tel. 01437 751326 (the castle will remain closed, but Welsh Owl Garden, Maria's restaurant and The Mansion of Mystery will be open)

- \* **Good Trails** stand-up paddleboarding/kayaks, Coppet Hall Beach, Saundersfoot – [www.good-trails.com](http://www.good-trails.com) tel. 07784354400
- \* **Tenby Boat Trips** – [www.tenbyboattrips.co.uk](http://www.tenbyboattrips.co.uk) tel. 07980864509
- \* **The Patriot** – fishing trips from Tenby – tel. 07976612388
- \* **Tenby Fishing** – [www.tenbyfishing.co.uk](http://www.tenbyfishing.co.uk) tel. 07974623542
- \* **Celtic Wildcat Sea Fishing** – tel. 07970540940
- \* **Tenby Coasteering** – [www.tenbycoasteering.co.uk](http://www.tenbycoasteering.co.uk) tel. 07880746892
- \* **Coastal Foraging** – [www.coastalforaging.co.uk](http://www.coastalforaging.co.uk) tel. 07989143868 (from July 19)
- \* **Tenby Kayaking** – tel. 07968989980
- \* **SUP Sessions**, North Beach, Tenby stand up paddle board lessons, tours and board hire – tel. 01646 685279
- \* **Mackerel Fishing Tenby** – [www.mackerelfishingtenby.co.uk](http://www.mackerelfishingtenby.co.uk) tel. 07498658451
- \* **Ebony May Saundersfoot Charter Boat** – [www.charterboats-uk/ebonymay](http://www.charterboats-uk/ebonymay) tel. 07989326085
- \* **Saundersfoot Sea Safari** – [www.saundersfootseasafari.co.uk](http://www.saundersfootseasafari.co.uk) tel. 07494293983
- \* **Pembrokeshire Alpaca Trekking** – [www.pembrokeshirealpacatrekking.co.uk](http://www.pembrokeshirealpacatrekking.co.uk) tel. 07929076119
- \* **Pembrokeshire Coarse Fishery**, Whitland, SA34 0AP – tel. 01994 240819
- \* **Johnson's Off-Road Motorcylce Trails Experience** – [www.johnsonsoffroad.co.uk](http://www.johnsonsoffroad.co.uk) tel. 01646651150
- \* **Stackpole Walled Gardens**, SA71 5DJ – [www.stackpole-walledgardens.co.uk](http://www.stackpole-walledgardens.co.uk) tel. 01646 661442
- \* **Haverfordwest Farmers Market** – [www.pembrokeshirefarmersmarkets.co.uk](http://www.pembrokeshirefarmersmarkets.co.uk) tel. 01437 776169 (every Friday morning)
- \* **Outer Reef Surf and Sup Centre** – [www.outerreefsurfschool.com](http://www.outerreefsurfschool.com) tel. 01646 680070
- \* **Pembroke Castle** – [www.pembrokecastle.co.uk](http://www.pembrokecastle.co.uk) tel. 01646 681510 (pre-booked admissions only)

- \* **Dyfed Shire Horse Farm** – [www.dyfed-shires.co.uk](http://www.dyfed-shires.co.uk) tel. 01239 891107 (open July 21)
- \* **Pembrokeshire Chilli Farm** – [www.pembrokeshirechillifarm.com](http://www.pembrokeshirechillifarm.com)
- \* **Cadw sites** – Haverfordwest Priory, Lamphey Bishop’s Palace, Carew Cross, Carreg Coetan Arthur Burial Chamber
- \* **The Waterfront Gallery, Milford Haven** – [www.thewaterfrontgallery.co.uk](http://www.thewaterfrontgallery.co.uk) tel. 01646 695699
- \* **Haven Boat Charters** – [www.havenboatcharters.com](http://www.havenboatcharters.com) tel. 0777429959
- \* **Scolton Country Cottages and Spa** – treatments and spa day (from July 27) – [www.scoltonspa.co.uk](http://www.scoltonspa.co.uk) tel. 01437 732851
- \* **Crossfit Pembrokeshire** – [www.crossfit-pembrokeshire.co.uk](http://www.crossfit-pembrokeshire.co.uk) tel. 07487581155
- \* **CQB Adventures Pembrokeshire** – [www.cqbadventures.co.uk](http://www.cqbadventures.co.uk) tel. 07917684195
- \* **Pembrokeshire Wake Park** – [www.pembrokeshirewakepark.co.uk](http://www.pembrokeshirewakepark.co.uk) tel. 01834 891511 (bookings only)
- \* **Tenby Water Sports** – [www.tenbywatersports.co.uk](http://www.tenbywatersports.co.uk) tel. 07826306566
- \* **Tenby Park and Ride** – operating from The Salterns car park every 20 minutes between 10 am and 6 pm (face masks mandatory from July 27).
- \* **Pembrokeshire Coastal Bus Services** – [www.pembrokeshire.gov.uk/bus-routes-and-timetables](http://www.pembrokeshire.gov.uk/bus-routes-and-timetables) (from Monday, July 27, face masks mandatory).
- \* **Tuk Tuk Time Tours** – [www.tuktuktime.co.uk](http://www.tuktuktime.co.uk) tel. 01834 813333
- \* **Pembrokeshire Safari Tours** – [www.pembrokeshiresafaritours.co.uk](http://www.pembrokeshiresafaritours.co.uk) tel. 07792720707
- \* **Foxcombe Air Rifle and Pistol shooting range**, Manorbier – tel. 01834 870135
- \* **Pembroke Dock Heritage Centre** – [www.sunderlandtrust.com](http://www.sunderlandtrust.com) tel. 01646 684220
- \* **Tenby Arts Festival summer sandcastle competition** - now until September 19. Whenever you are at the beach, design and build and sand sculpture. Try and use objects you find on the beach in it. Photograph it as clearly as you can, and then again as a long shot showing its location. Send to Tenby Arts Festival Facebook page or email [tenbyartsfestival@yahoo.co.uk](mailto:tenbyartsfestival@yahoo.co.uk) and don’t forget to include contact details.
- \* **St. Catherine’s Island** – [www.saintcatherinesisland.co.uk](http://www.saintcatherinesisland.co.uk) tel. 07731845307

- \* **Voyages of Discovery** – [www.ramseyisland.co.uk](http://www.ramseyisland.co.uk) tel. 01437 721911
- \* **Tenby's Summer Fun Fair** – Marsh Road, Tenby, open daily at 6 pm (August 4-31)
- \* **Celtic Quest Coasteering** – [www.celticquestcoasteering.com](http://www.celticquestcoasteering.com) tel. 01348 837337
- \* **Merlin Bushcraft** – tel. 07534474604
- \* **St. David's Cathedral** – [www.stdavidscathedral](http://www.stdavidscathedral) tel. 01437 720202
- \* **Solva Woollen Mill** – [www.solvawoollenmill.co.uk](http://www.solvawoollenmill.co.uk) tel. 01437 721112

*Closed for 2020 -*

- \* *Caldey Island - Sadly, due to the many aspects involved in getting people across to Caldey Island from Tenby via the boats and the amphibious vehicle and the difficulty in implementing strict safety measures on the island, the Abbey has decided that the island will remain closed for the whole of the 2020 season.*
- \* *Tenby Round Table Summer Spectaculars – these will not be happening this summer.*
- \* *RSPB Ramsey Island – After very careful consideration, RSPBA Ramsey Island will remain closed for the remainder of the 2020 visitor season.*
- \* *Tenby Arts Festival – postponed to 2021*
- \* *Tenby Museum and Art Gallery – opening postponed until a safe and enjoyable experience can be sure*

## Fancy a Take Away?

Charlie's – Steaks Grills and Pizzas open for Takeaways until 2<sup>nd</sup> August  
Main restaurant scheduled to reopen on 3<sup>rd</sup> August subject to Government  
legislation .

Charlies Restaurant and Bar open for Takeaways at Croft Country Park. Main  
restaurant scheduled to reopen on 3<sup>rd</sup> August subject to Government  
legislation.

Ask your Park reception for a menu..

A number of the businesses listed below offer delivery services as well. Please check when  
calling. Please note: pubs, bars, restaurants and cafes in Wales are allowed to start serving  
customers indoors from August 3<sup>rd</sup>. A number of the businesses are also taking part in the  
Eat Out To Help scheme. Please check [www.tax.service.gov.uk/eat-out-to-help/find-a-restaurant](http://www.tax.service.gov.uk/eat-out-to-help/find-a-restaurant)

### TENBY

- Caffi Llew – pizzas tel. 07963317573, 01834 845037
- Twelve – tel. 01834 845945 (Friday and Saturday nights)
- Giltar Hotel – [www.giltar-hotel.co.uk](http://www.giltar-hotel.co.uk) tel. 01834 842507
- Belgrave Hotel – [www.thebelgravehotel.co.uk](http://www.thebelgravehotel.co.uk) tel. 01834 842377 (Sunday lunch)
- The Qube – [www.theqube-tenby.co.uk/takeaway](http://www.theqube-tenby.co.uk/takeaway) tel. 01834 845719, afternoon tea  
delivery Thursday – Saturday
- Coach and Horses Thai Takeaway tel. 01834 842704
- The American Diner – tel. 01834 844692
- The Bay of Bengal – tel. 01834 843331
- Park Road Fish and Chips – tel. 01834 844240
- Florentino's – [www.florentinos-italian-tenby.com](http://www.florentinos-italian-tenby.com) tel. 01834 844100
- The Blue Ball – [www.blueballtenby.com](http://www.blueballtenby.com) tel. 01834 843038
- Café No 25 – tel. 01834 842544
- Tenby's Fish Bar – tel. 01834842629
- Nora's Kitchen – tel. 07432298528
- Buddha Buddha – tel. 01834 844732

- Chinatown – tel. 01834 843557
- Arches Kebab Tenby – [www.archeskebabtenby.com](http://www.archeskebabtenby.com) tel. 01834 844115
- D. Fecci and Sons Fish and Chips – tel. 01834 842484
- Tasty Café Chinese – tel. 01834 842206
- Cadwaladers – [www.cadwaladers.co.uk](http://www.cadwaladers.co.uk) tel. 01834 842658
- Seaview Restaurant – tel. 01834 842052
- The Dennis Café – tel. 01834 842298
- Mor Tenby – St. Julian Street
- Top Joes – [www.topjoes.co.uk](http://www.topjoes.co.uk) tel. 01834 218089
- Caffè Vista – tel. 01834 849636
- The Mooring – tel. 01834 842502
- The Fat Seagull – [www.conesand scones.com](http://www.conesand scones.com) tel. 01834 845177
- Tenby Harbwr Brewery and Tap Room - [www.tenbyharbwr.wales/shop](http://www.tenbyharbwr.wales/shop) tel. 01834 845797
- Hope and Anchor – tel. 01834 842131
- The Baytree – [www.baytreetenby.co.uk](http://www.baytreetenby.co.uk) tel. 01834 843516
- The Cove – [www.thecovetenby.co.uk](http://www.thecovetenby.co.uk) tel. 01834 842438
- Tenby United RFC Clubhouse – [www.membermojo.co.uk/turfc](http://www.membermojo.co.uk/turfc) tel. 01834 843051
- The Buccaneer Inn – tel. 01834 842273
- Fuchsia Café - [www.thefuchsiacaffe.co.uk](http://www.thefuchsiacaffe.co.uk) tel. 01834 219224
- Cwlbox at Sandbar – The Mews
- Indie Burger – [www.indieburger.co.uk](http://www.indieburger.co.uk)
- Griffen’s Bar in the courtyard of Tenby House Hotel – [www.tenbyhousehotel.com](http://www.tenbyhousehotel.com) tel. 01834 842000
- The Lounge 2 – tel. 01834 842925

#### **PENALLY**

- The Paddock Bakery – tel. 01834 844255
- The Paddock Inn – [www.thepaddockinn.co.uk](http://www.thepaddockinn.co.uk) tel. 01834 844255
- Bubbleton Farm Shop and Farm Kitchen – [www.bubbleton.wales](http://www.bubbleton.wales) tel. 01834 501871
- Cross Inn – [www.crossinnpenally.co.uk](http://www.crossinnpenally.co.uk) tel. 01834 844665

#### **LYDSTEP**

Lydstep Tavern – [www.lydsteptavern.com](http://www.lydsteptavern.com) tel. 01834 871521

#### **NEW HEDGES**

New Hedges Tavern

#### **SAUNDERSFOOT**



- The Boathouse – [www.theboathousesaundersfoot.co.uk](http://www.theboathousesaundersfoot.co.uk) tel. 01834 811890
- Shoreline Café Bar – tel. 01834 450554
- Cwlbox – [www.cwlbox.com](http://www.cwlbox.com) tel. 07875944145
- Sao Mai Dragon – tel. 01834 813615
- The Stonecrab – [www.stonecrab.co.uk](http://www.stonecrab.co.uk) tel. 01834 813651
- Marina Fish Chips and More – [www.marinafishandchips.com](http://www.marinafishandchips.com) tel. 01834 813598
- Ocean Beach Food – Saundersfoot Harbour
- Philly's Saundersfoot, Beddoe's Court
- Harold O'Vinegars Seafood Deli – Saundersfoot Harbour
- The Mulberry – [www.themulberry-restaurant.co.uk](http://www.themulberry-restaurant.co.uk) tel. 01834 811313
- The Argosy – tel. 01834 812161
- The Kookaba – [www.thekookabasaundersfoot.com](http://www.thekookabasaundersfoot.com) tel. 01834 813814
- Sue's Pantry – The Strand tel. 07805775264
- Tramway Café – [www.thetramwaycafe.co.uk](http://www.thetramwaycafe.co.uk) tel. 07875776968
- Saundersfoot Harbwr Brewery and Tap Room – [www.harbwrnkitchen.wales/](http://www.harbwrnkitchen.wales/) tel. 01834 811413
- Old Chemist Inn – tel. 01834 813982 (bookings taken for beer garden)
- Janz Restaurant and Bar – tel. 01834 813448
- Pizzabellas – [www.pizzabellas.co.uk/our\\_menu.php](http://www.pizzabellas.co.uk/our_menu.php)
- Coast – [www.coastsaundersfoot.co.uk](http://www.coastsaundersfoot.co.uk) tel. 01834 810800

#### **PENTLEPOIR**

- Dragon Palace Chinese – [www.dragon-palace.co.uk](http://www.dragon-palace.co.uk) tel. 01834 812483

#### **KILGETTY**

- Kilgetty Fish Bar – tel. 01834 812024
- Begelly Arms – [www.begellyarms.co.uk](http://www.begellyarms.co.uk) tel. 01834 812601
- Seven Spice – tel. 01834 811907
- Bridge Caff – tel. 07866446687
- Watkins Bakery – tel. 01834 812170
- Star of Saigon – [www.starofsaigon.webs.com](http://www.starofsaigon.webs.com) tel. 01834 814100 (opening August 12)

#### **AMROTH**

- New Inn, Amroth – [www.newinnamroth.co.uk](http://www.newinnamroth.co.uk) tel. 01834 812368

- The Pirate Café – tel. 01834 812757
- Smugglers Bar and Grill, Amroth – [www.smugglersamroth.co.uk](http://www.smugglersamroth.co.uk) tel. 01834 812100
- Bothy Tearooms – tel. 01834 814163
- Amroth Arms – [www.amrotharms.co.uk](http://www.amrotharms.co.uk) tel. 01834 812480
- Temple Bar – [www.templebaramroth.co.uk](http://www.templebaramroth.co.uk) tel. 01834 812486

### WISEMAN'S BRIDGE

Wiseman's Bridge Inn – [www.wisemansbridgeinn.co.uk](http://www.wisemansbridgeinn.co.uk) tel. 01834 813236 (drinks only from August 1, indoor facilities from August 3, bookings only for restaurant).

### JEFFREYSTON

- Jeffreyston Inn – tel. 01646 651394

### MARTLETWY

Snooty Fox Inn – [www.thesnootyfox.co.uk](http://www.thesnootyfox.co.uk) tel. 01834 891300

### TEMPLETON

- Boar's Head – [www.theboarshead.co.uk](http://www.theboarshead.co.uk) tel. 01834 860286 (Sunday lunch)

### NARBERTH

- Top Joes Pizza - tel 01834 218380
- Mad Tom Seafood Café Bar - tel. 01834 860506 (Friday, Saturday and Sunday lunch)
- Masala Indian and Bangladeshi Cuisine – [www.masalaindiannarberth.co.uk](http://www.masalaindiannarberth.co.uk) tel. 01834 869944
- Contented Sole Fish and Chip Shop – tel. 01834 218607
- Shaad Indian Restaurant – tel. 01834 869199
- Dingle Inn – tel. 01834 869979 (Friday evening and Sunday lunch)
- Plum Vanilla – [www.plumvanilla.com](http://www.plumvanilla.com) tel. 01834 862762 (Saturday evening only)
- Ultracomida – [www.ultracomida.co.uk](http://www.ultracomida.co.uk) tel. 01834 861491
- Becws Bets – farm crafted Welsh patisserie tel. 07772449595
- Hotel Plas Hyfryd – [www.plashyrydhotel.com](http://www.plashyrydhotel.com) tel. 01834 869006

### LLANDISSILIO

- Bush Inn – [www.bushinn.pub](http://www.bushinn.pub) tel. 01437 563040
- Nant Y Ffin Hotel and Restaurant tel. 01437 563423

### LLANDEWI VELFREY

- Hank Marvin – tel. 01834 218646

### TAVERNSPITE

The Plum Tree Tearooms – [www.tavernspitegardencentre.co.uk](http://www.tavernspitegardencentre.co.uk) tel. 01834 831863

### ST. FLORENCE

- Bramley's Tea Rooms – [www.grandiflora.co.uk](http://www.grandiflora.co.uk) tel. 01834 871500 (Thursday, Friday, Saturday and Sunday lunch).
- Sun Inn
- Parsonage Farm Inn – [www.parsonagefarminn.co.uk](http://www.parsonagefarminn.co.uk) tel. 01834 871436

### LAWRENNY

- Quayside Tearooms
- Lawrenny Arms – 01646 651367

### MANORBIER

- Castle Inn – tel. 01834 871268
- Castlemead Restaurant with Rooms – [www.castlemeadhotel.com](http://www.castlemeadhotel.com) tel. 01834 871358
- Beach Break – [www.beachbreaktearooms.co.uk](http://www.beachbreaktearooms.co.uk) tel. 01834 871709 (bookings only)

### JAMESTON

- Tudor Lodge – [www.tudorlodgejameston.co.uk](http://www.tudorlodgejameston.co.uk) tel. 01834 871212
- Swan Lake Inn – [www.theswanlakeinn.co.uk](http://www.theswanlakeinn.co.uk) tel. 07904559092

### CAREW

- Carew Inn – [www.carewinn.co.uk](http://www.carewinn.co.uk) tel. 01646 651267

### PEMBROKE DOCK

- The Helm – tel. 01646 563260 Friday evenings, Sunday lunch and Wednesday afternoon teas (delivery service)

### FRESHWATER WEST

- The Pembrokeshire Beach Food Company – [www.beachfood.co.uk](http://www.beachfood.co.uk), tel. 07422535345

### ANGLE

- Wavecrest Café – [www.wavecrestangle.co.uk](http://www.wavecrestangle.co.uk) tel. 01646 641457

### STACKPOLE

- Stackpole Inn – [www.stackpoleinn.co.uk](http://www.stackpoleinn.co.uk) tel. 01646 672324

### BOSHERSTON

- Bosh Tea Rooms – tel. 01646 661216
- St. Govans Inn – tel. 01646 661311

### LAMPHEY

- Lamphey Hall Hotel – [www.lampheyhall.co.uk](http://www.lampheyhall.co.uk) tel. 01646 672394
- Best Western Lamphey Court Hotel – afternoon tea [www.lampheycourt.co.uk](http://www.lampheycourt.co.uk) tel. 01646 672273

### COSHESTON

- The Brewery Inn, Coshaston – [www.thebreweryinn.com](http://www.thebreweryinn.com) tel. 01646 686678
- Martha's Kitchen, Coshaston Garden Centre – tel. 01646 621420

### NEYLAND

- Manillas Tearoom – tel. 01646 400679

### WHERE TO GO FOOD SHOPPING

- Sainsbury's Tenby – SA70 7LT
- Tesco Express – Tenby SA70 8AB and Saundersfoot SA69 9HG
- Spar, Saundersfoot – SA69 9ES
- Co-op - Kilgetty SA68 0YA and Tenby SA70 8EU
- McColl's, New Hedges – SA70 8TN
- CK'S Supermarket, Narberth – SA67 7BW
- Wiseman's Bridge Shop (for essentials) – SA69 9AU

- Loafley Bakery and Deli, Tenby – SA70 7JD

## DELIVERIES OF SHOPPING

- Andrew Rees Catering – [www.andrewreesbutchers.co.uk](http://www.andrewreesbutchers.co.uk) tel. 01834 860470
- Four Seasons Farm Shop – tel. 01834 812911
- J. Williams and Sons, Costcutter and Narberth Post Office, Narberth – tel. 01834 860228
- Tenby Post Office and Stores – tel. 01834 843213
- Trafalgar Stores, Tenby – tel. 01834 842555
- Spar, Narberth – tel. 01834 860273
- Wisebuys, Narberth - [www.wisebuys-wales.co.uk](http://www.wisebuys-wales.co.uk) tel. 01834 861880
- Gavin Davies fresh fish – tel. 07974913386
- Albatross Fisheries – [www.albatrossfisheries.co.uk](http://www.albatrossfisheries.co.uk) tel. 07966459621
- Pembrokeshire Shellfish – tel. 07811396243
- Fuchsia Café, Tenby – picnic and hamper service – [www.thefuchsiacaffe.co.uk](http://www.thefuchsiacaffe.co.uk) tel. 01834 219224
- Popty Bach, Wiseman’s Bridge – homemade picnics tel. 07934194681

\*\* Please note: All information correct at time of going to press \*\*

As at 16/07/2020